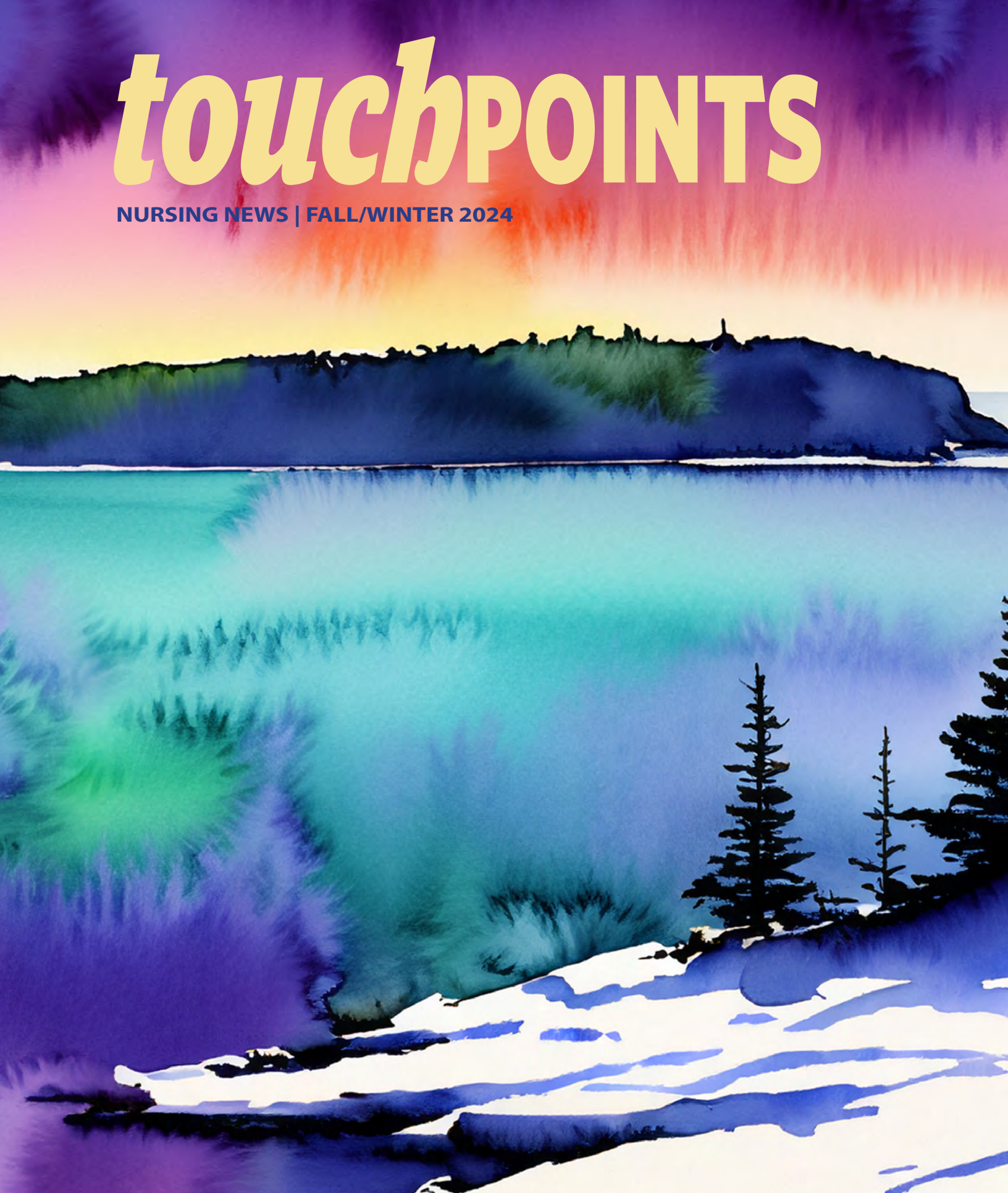


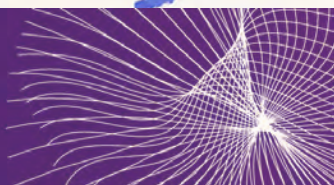
# *touch*POINTS

NURSING NEWS | FALL/WINTER 2024



THE UNIVERSITY OF BRITISH COLUMBIA  
School of Nursing

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## TOUCHPOINTS

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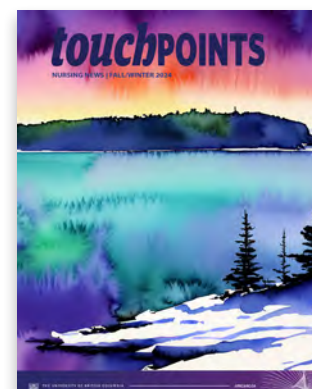
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Touchpoints online



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Westcoast Winter  
AI Generated  
in Adobe Photoshop



# DIRECTOR'S MESSAGE



In the wake of conflicts and war in many parts of the world, and deep political divisions both locally and internationally—particularly in the recent elections in the US—we recognize that public discourse has become both angrier and more divisive and at times even overtly

discriminatory. The wider social world feels less kind, caring, safe and inclusive. So it becomes even more important in our School to continue fostering inclusivity, decolonizing our curriculum, and supporting staff, faculty and students to adhere to Canada's *Nursing Code of Ethics* in addressing discrimination.

It is our hope that in the face of changing discourse out there, we can hold the line and maintain our commitments to antiracism, cultural safety, social justice and health equity, and that we all continue to engage in creative strategies to address these disturbing trends.

We take as an example our keynote speaker for the 56th Marion Woodward Lecture, Canada's Chief Nursing Officer, **Dr. Leigh Chapman**. In "A Decade of Grit, Grief and Gratitude" she presented her personal story of resistance and advocacy (story and links to the video on p 10).

This past year **Dr. Drew Clark** and the Health Equity and Ethics Team (HEET) worked with a youth advisory team to develop and launch health resources for transgender, Two-Spirit and Nonbinary youth (p 12).

Discover how students, under the guidance of **Dr. Lydia Wytenbroek**, used history and technology to centre the voices of Indigenous, Black, and people of colour whose skills as nurses and healthcare professionals have been historically overlooked. (p 17).

Associate Professor of Teaching **Ranjit Dhari** was among those who attended at NETNEP (p.13), and presented on methods of raising awareness in the classroom of systemic racism, using her own story. Students watching her video, *Unseen, Ranjit's Story*, have noted in their class assignments that they are inspired to develop "genuine and inclusive environments in order to prevent hostile campus climates" and to "foster a culture of collective care, so we can all lean on each other for support when needed."

If these students are any indication, nurses are not alone in our grief nor short on grit, and we can look with gratitude and hope to a brighter, kinder future.

Elizabeth Saewyc, PhD, RN, FSAHM, FCAHS, FAAN, FCAN  
Professor & Distinguished University Scholar  
Director, School of Nursing

## Byte-sized Brilliance: our faculty online

**WATCH:** **Dr. Kathy O'Flynn Magee** and **Dr. Tom Scholte** (UBC Theatre and Film), with students and faculty, have developed a series of videos to support nursing students if and when they experience bullying in the workplace. Cognitive Rehearsal to Address Bullying (CRAB) videos are now available through a Youtube playlist and the **CRAB Project** website.

**USE:** A new **Two-Eyed Seeing Indigenous Parenting** app was developed through a collaborative effort led by **Elders Wilfred "Grouse" Barnes, Pamela Barnes** and **Margaret Eli**, and facilitated by UBC School of Nursing professor emeritus **Dr. Wendy Hall**, in partnership with the Interior Health Authority and multiple community service providers.

**WATCH:** Session 7: Nov 12 - "**Degraded Air Quality and Wildfires**" presented in part by **Raluca Radu**, RN, MSN, adjunct professor and Planetary Health Lead, Providence Health Care.

**WATCH:** **Unseen: Ranjit's Story** - A short film of **Ranjit Dhari's** journey from India to England and ultimately Canada, where she raises awareness of systemic racism and barriers faced by racialized women in nursing. Filmmaker **Adrian Juric**.

**PLAY:** Learning is gamified with the stories of IBPOC nurses in **Untelling Nursing History: Centering the Voices of IBPOC Nurses**.



# Practice-Based Research Challenge

## 15 Years of Mentoring in Practice

Today, programs put in place by the BC Nursing Research Initiative (BCNRI) offer strong support for nurses with research goals. But before 2009, it didn't exist—not until the BC Nurses Union and the Ministry of Health agreed jointly to support the idea that point-of-care nurses are well-situated to perceive issues, gaps and systemic flaws in health delivery, and to develop sound research programs to address them.

And so, the Michael Smith Foundation, as it then was, received \$8M to create programs across BC to get practicing nurses involved in research.

In 2010, part of that funding went into creating six nursing research facilitator (NRF) roles—one for each Health Authority (there was no First Nations Health Authority at the time). Facilitators from PHSA, Fraser, Northern, Interior, Island and Providence Health Care/Vancouver Coastal Health met virtually, including **Aggie Black**, who was the NRF for both Providence Health Care (PHC) and Vancouver Coastal Health, and an Adjunct Professor at the UBC School of Nursing.

**Through this Challenge, point-of-care nurses develop a new appreciation for how hard and how necessary research is.**

Along with the funding, Aggie had the BCNRI reports showing that the work was necessary, but she needed to understand what the barriers were and what sort of encouragement was available to nurses with research projects in mind. When she began searching for existing research support systems for nurses, she discovered the “Nursing Research Challenge” at University Health Networks, in

Toronto. The folks that she reached out to at U of T were “super helpful and friendly” and helped her understand their framework.

Next, Aggie approached **Dr. Lynda Balneaves**, at the UBC School of Nursing, and Lynda said, “This is a great idea. I’ve seen personally the struggles that point-of-care nurses have—no funding or framework to do the research they know is needed.”

At Aggie’s request, Lynda joined her, bringing the School of Nursing into the thick of the planning stages of the PHC Research Challenge.

“We launched an interprofessional Practice-based Research Challenge in early 2011,” Aggie says. “Our 15th year will begin in January 2025.”

“Lynda was my main academic partner,” she continues, “and she was phenomenally helpful. She helped develop evaluations to show the impact of research, led the research methods workshop, and personally coached many applicants as they developed their research ideas.

Other School of Nursing faculty members who have been involved in the PHC Research Challenge include **Drs Vicky Bungay, Pam Ratner, Jennifer Baumbusch, Manon Ranger** and **Kristen Haase**.

Having recently conducted a workshop for Research Challenge participants, Manon expressed her pleasure at being able to support the Challenge through sharing her research expertise, noting, “It is very important to highlight the outstanding opportunities the Research Challenge provides to direct care nurses.”

Lack of training, money, time, and mentorship—all common barriers to nurse engagement in research—are all addressed by this program. Published evaluation studies of the Research Challenge illustrate how the program has affected evidence-based practice, and enhanced a culture of research appreciation.

For example, one team of nurses initiated a new hyperthermia protocol, conducting a chart review to identify gaps and holdups and amending practice guidelines accordingly. The new guidelines were accepted and implemented without strong objections, in part because colleagues had done the research. Through this Challenge, point-of-care nurses develop a new appreciation for how hard and how necessary research is.

In spite of the difficult nature of research, particularly for full-time clinicians, very few projects have been abandoned. Aggie thinks this is because the researchers are so passionate about their chosen topics that they are compelled to see the projects through to completion.

The program benefits not just practice, but can also expand interests and influence career trajectory. Aggie has watched several nurses evolve through their research participation into graduate students and leaders in the health care system.

This program is for beginners, and can take two years or more to complete. It is well-established and well-known and similar facilitators and opportunities are offered across BC. This fifteenth year of the program just might be your year to get started!

FROM AN INTERVIEW WITH AGGIE BLACK

## Past Challenge Projects

Ideas for Practice-Based Research Challenge projects emerge from the experiences of point-of-care staff, often revolving around the question, “how do we make things better for patients?” Here are some samples:



**Planetary health** Researchers are looking at virtual health, not just for its impact on satisfaction and experience, but also to determine whether the carbon emissions have been reduced.

**Culturally Sensitive Menu** A dietitian looked at bringing Indigenous foods to the hospital menu, considering the barriers and how to overcome them.



**Behavioural Support Plans** Behavioural support plans are put in place when patients put themselves or staff at risk. Nurses wondered, how well are these plans used?



**Code White** A study on incidents of aggressive behaviour recorded nurses’ experiences around dealing with or being the target of a Code White.



**Charting** One team explored whether charting was done in a culturally safe way.

**Ownership, Control, Access and Possession - OCAP** is a set of principles that reflect First Nations’ rights and jurisdiction over their data and information. One research team wondered what the impact has been on OCAP training for members of the Research Ethics Board.



### A Mentor’s Perspective

Nurses in practice see first-hand the problems we need to urgently solve and the opportunities to improve the way we care for patients. As a research mentor, I help teams ask these important questions, and walk with them on their research adventures. My role is to help guide all the stop-overs of a well-conducted research project – refining the question, designing the study, supporting data collection, and coming together to see what we have found. My goal is to lift research-curious nurses, equip them with stronger competencies to integrate research in their practice, and accelerate the implementation of novel evidence to improve outcomes, experiences and health services. The PHC Practice-Based Research Challenge is a powerhouse of research engagement, professional growth, and a driver of knowledge exchange and mobilization. It’s a showcase of the contributions of nurses to so many aspects of the care we provide.

DR. SANDRA LAUCK  
ASSOCIATE PROFESSOR AND  
ST. PAUL’S HOSPITAL PROFESSORSHIP  
IN CARDIOVASCULAR NURSING AT UBC



**Oral Care** Often overlooked, oral care in acute care settings became the focus for one team. Working in partnership with dental students from UBC, they developed an education project to address the barriers and working to improve procedures. Patients have been emphatic about how much oral care is appreciated.

# Ruby Lew Willet (BSN '25)

## The International Taoist Church of Canada Scholarship in Nursing



Growing up with family members who suffered various ailments, BSN Student **Ruby Lew Willet** quickly learned that life was full of “merriment and woe.” She knew family members who battled and lived with chronic conditions and “others that didn’t.” Ruby continues, “I decided early that I would spend my life caring. So, nursing came naturally in that regard. I believe my curiosity, emotional intelligence and my determination have allowed me to succeed in my nursing practice.”

Ruby was truly grateful to receive **The International Taoist Church of Canada Scholarship in Nursing**. The financial support helped immensely, and she felt as though her efforts in the nursing program were being acknowledged.

“I want to be a critical care nurse, ideally in pediatrics,” she says. “I love working with children and adolescents. I have found a lot of fulfillment when working in high-acuity situations. Winning the award allows me to consider taking a course during preceptorship to pursue these ambitions.”

When asked about student support within in the nursing program, Ruby was quick to acknowledge guidance received from lecturer **Dr. Nassim Adhami**. “Nassim has helped me navigate my clinical experiences to expand critical thinking. She has encouraged my curiosity and has supported me during challenging experiences in the program. Thanks, Nassim, for answering my insistent questions and allowing me to further explore my interests in research.”

Additional crucial support has come from **Dr. Manon Ranger**, assistant professor at UBC School of Nursing and a researcher at BC Children’s Research Centre. “Manon is my research mentor and has encouraged my interests in pediatrics. She has helped

### About the Scholarship:

*Scholarships have been made available annually through a gift from the International Taoist Church of Canada for outstanding Bachelor of Science in Nursing students. The International Taoist Church of Canada (ITCC) supports benevolence in treating fellow human beings, kindness in associating with other people, and courtesy in fostering humility. ITCC recognizes the importance of nurses in the healthcare system, and established this scholarship to support nursing education. The scholarships are made on the recommendation of the School of Nursing.*

me re-connect to my science background as I expand my career into nursing. I am so grateful for the knowledge, insight and experiences she has shared with me as a research assistant and a nursing student.”

Ruby shared that she has had to face a few challenges in this journey. Like the time she was placed at a continuing care clinic in her second term. The opportunity to work with the Downtown Eastside population gave her plenty of expertise in wound care. The experience was amazing, but she says, “it was also a lot to process: the severe wounds, the single resident occupancy housing, the poverty and substance use. I was completely out of my element, trying to navigate providing care despite my ignorance and discomfort.” Her solution was to enrol in counselling. “It’s free, just do it,” she advises. With help, she was able to reflect and learn some compassionate care practices.

“I educated myself more on harm reduction, I discussed my observations with my peers who had worked in the Downtown Eastside and I asked questions of health care professionals.

“**I got comfortable with being uncomfortable.**”

“I overcame my challenges because I smiled and put my foot forward. The experience allowed me to be a better person and nurse.”

### ADVICE FOR NEW STUDENTS:

I recommend reading *The Alchemist*. There is a fable in the novel that suggests that the secret to finding happiness is to marvel at the wonderful world, but to remember your obligations. Easier said than done, but my best advice is to give yourself space. Space to go enjoy your life outside of being a student nurse. That space will become integral to your well-being and figuring out your own balance.

That, and read *The Alchemist*.

~RUBY LEW WILLET



# November Convocation

## Class of 2024

Congratulations from Staff and Faculty to the November graduating class of 2024. Celebrations were held at the UBC golf course on November 28, 2024.

### PHD

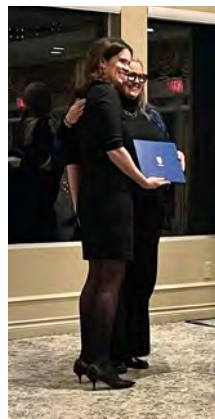
Amal Alharbi, PHD  
 Maximillian Besworth, PHD  
 Lorraine Block, PHD  
 Trevor Goodyear, PHD  
 Ziqian Jiao, PHD  
 Helen Okoye, PHD  
 Hrag Yacoubian, PHD

### MSN

Michelle Cho, MSN  
 Michael Fok, MSN  
 Megan Hungerford, MSN  
 Louise Jingco, MSN  
 Gillian Labrie, MSN  
 Olivia Lee, MSN  
 Jenny Lee, MSN  
 Tanin Mehdi Zadeh Naderi, MSN  
 Hilary Nolle, MSN  
 Jass Pelia, MSN  
 Ailsa Sirois, MSN  
 David So, MSN  
 Charlsie Steele, MSN  
 An-Julie Tea, MSN

### MN

Hilary Ahmed, MN  
 Erin Anker, MN  
 Jennifer Bosnick, MN  
 William Byker, MN  
 Chelsie Christianson, MN  
 Janeva Deslippe, MN  
 Rabina Dodd, MN  
 Jennifer Du, MN  
 Johanna Dyakowska, MN  
 Nicole Foreman, MN  
 Anjali Gill, MN  
 Jennifer Hamera, MN  
 Beneth Jingco, MN  
 Katrina Khan, MN  
 Kerry Koke, MN  
 Terri-Lynn Koury, MN  
 Jonathan Lam, MN  
 Megan Lum, MN  
 Danielle Major, MN  
 Leisha Marotto, MN  
 Kelsey McDonald, MN  
 Molly McGillis, MN  
 Emma Siegmund, MN  
 Priscilla Taipale, MN  
 Nicole Takemon, MN  
 Heather Tone, MN  
 Brandon Udy, MN  
 Stephen Westmacott, MN



Clockwise from top: **Gino Kim**, Manager of Student Services, speaks at the celebrations. **Ailsa Sirois** receiving Excellence in MSN Thesis Award (with **Dr. Kristen Haase**); **Lorraine Block** receiving Excellence in PhD Dissertation Award (with **Dr. Leanne Currie**); **Dr. Trevor Goodyear** receiving Excellence in PhD Dissertation Award (with **Dr. Emily Jenkins**); **Louise Jingco** receiving Excellence in MSN SPAR Project Award (with **Dr. Helen Brown**); **Olivia Lee** receiving Outstanding Academic Achievement Award for an MSN student (with **Dr. Kristen Haase**); **Jennifer Bosnick** receiving Outstanding Academic Achievement Award for an MN-NP student (with **Dr. Jillian Harding**).

# Spotlight on New Faculty

## Meet Tajaira Thiessen and Cowina (Chi Wei) Pan!



Tajaira Thiessen, MN-NP, NP(F),  
Lecturer

My name is Tajaira (pronounced Tah-jair-ah), but most people call me TJ (I will happily respond to either!). I recently became a Lecturer in the School of Nursing, Nurse Practitioner program. Aside from my job at UBC, I love all things outdoors! I enjoy hiking the North Shore mountains, camping, skiing/ snowboarding, or doing cold water plunges in the ocean. Most recently, I hiked hut-to-hut in the Italian Dolomites, which was the most spectacular hike I have done, to date. This coming spring, I will be hiking Kilimanjaro mountain, which is the highest free-standing mountain in Africa, with almost a 6000 m elevation gain. I am looking forward to hiking this with my husband. We recently got married on New Years Eve of 2023, and are coming up on our one year anniversary! Over the past year, we have enjoyed lots of adventuring and traveling together, including trips to Dominican Republic, Mexico, and Europe.

Below are some photos that represent my love of adventure and travel:



Cowina Pan, NP(F), MN,  
Lecturer

My name is Cowina (pronounced Co-wee-na). My family and I immigrated from Hong Kong when I was 6 years old, and I've been living in British Columbia ever since. I have a lot of hobbies because I love trying new things. Recently, I've been enjoying kayaking, reading books, and experimenting with new recipes.

Last year, my husband, our dog, and I took the opportunity to explore Haida Gwaii on a road trip. It was an incredible experience as we learned about the culture of the Haida people, and enjoyed the breathtaking landscapes. We had an amazing time filled with plenty of hiking and relaxing beach moments. This summer, I started going on cycling tours and kayaking trips to the Gulf Islands, which was a fantastic way to explore the beauty of this province. I look forward to more adventures in the future as I love the outdoors!





# Rosaline Olade, BSN '74

## Amazing Alumni

**Rosaline Olade** grew up in the Ipele Township of Western Nigeria in an era in which women 'belonged in the kitchen.' Her mother's generation were not allowed to go to school, and instead were groomed toward the role of wives. Consequently, although all of her mother's brothers had been educated, she herself could not read or write. She was a highly intelligent woman who was determined that would not happen to any of her daughters. As a result, after Rosaline completed elementary school, which was free, her mother worked very hard to financially support her daughter to attend high school. One of young Rosaline's abiding aspirations through life, was to pursue her education in a manner that would make her mother proud. And her story confirms that she certainly did, becoming a source of pride for her entire village and community.

Valedictorian of her high school class, Rosaline was selected to receive a scholarship during graduation to study mathematics or science, at the university level, so she could return as a high school teacher. At the time, secretaries, teachers and nurses were the main professional jobs open to women in Nigeria. But her dream was to become a nurse. She attended the University College

Hospital in Ibadan, Nigeria from 1967-1970 to obtain her Diploma as a Registered Nurse. Following graduation, for a time she worked as a staff nurse at that hospital in the pediatric emergency unit.

In 1971, Rosaline and her young family managed to relocate to Vancouver, where her husband was enrolled in a PhD program. She took this opportunity to attend the UBC School of Nursing, from which she graduated with a BSN in 1974. Among the classmates she remembers from her time at UBC was **Carol Acton**, to whom she was closer in age than most of the other students. She recalls Carol's empathy, noticing how hard she was trying to juggle motherhood and student life, rushing late to class and hastily parking her bicycle – book basket in front and a toddler seat in the back – in front of the classroom. She remembers Carol jokingly inscribing under her name in the class graduating yearbook "Rosaline, who will you WILL your bicycle to?"

*Does Rosaline stay in Canada or return to Nigeria? Her eventful nursing history continues on our Amazing Alumni website. Please visit the site that celebrates our graduates and the wonderful work they do—and consider contributing your own story.*



Left: Rosaline Olade points to her graduation photo while visiting the School in August 2023.

Above: A birthday cruise with her grandchildren.

Rosaline Olade  
Amazing Alumni

A QR code that, when scanned, likely leads to Rosaline Olade's profile on the Amazing Alumni website.

# A Decade of Grit, Grief and Gratitude

## Leadership Lessons and Policy Pearls from Canada's Chief Nursing Officer

2024 MARION WOODWARD LECTURE | SYMPOSIUM

**Dr. Leigh Chapman** is the first nurse in eleven years to hold the role of Canada's Chief Nursing Officer. On Thursday, October 3, 2024, she gave the keynote address at the 56th Marion Woodward Lecture, which has been generously supported by the Mr. and Mrs. P.A. Woodward's Foundation since the first lecture, in 1969.

A crowd of about 130 in-person attendees and 150 online attendees listened intently to the sometimes painful yet hopeful story of Dr. Chapman's personal journey from point-of-care nurse, to advocating for people like her brother, Brad, who "fell through cracks in our social welfare system," to resistance against unjust rules, to her current leadership role.

Beginning with some unusual disclaimers, including that she was on Eastern time and it was way past her bedtime, Dr. Chapman held nothing back as she recounted her **Decade of Grit, Grief, and Gratitude**. Listen to her compelling story and take away your own "Leadership Lessons and Policy Pearls from Canada's Chief Nursing Officer." Link to the video below.



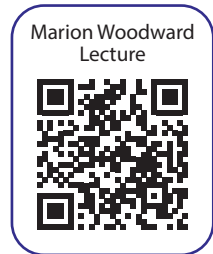
“ Leadership is a process ”



“ There's a pecking order to deaths, and...overdose might be right at the bottom. And this has important policy implications for us all to consider. ”



“ I also urge you to compare the stigma faced towards Brad, who...grew up in a white, middle class family—to the stigma faced by Black, Indigenous, people of colour, or LGBTQ people, and consider how compounded their discrimination is. ”





“ I had nothing to lose. The worst had just happened, so I figured I might as well help other families in preventing similar tragedies. ”



“ ...I was speaking from the perspective of a brave sister, but I had mentioned that I was a nurse...and the politician actually wanted to hear from the nursing perspective. And so it was a real galvanizing moment for me to think about—the power of the nursing voice. ”

## The 2024 Symposium



The annual Symposium hosted four panelists who, as established leaders and policy-makers (see photo caption), delved into a discussion of nursing leadership in complex health system contexts. **Dr. Sabrina Wong**, Professor and Associate Director of Research, moderated the symposium and Q&A. After the dinner break, the audience reconvened for the Marion Woodward Lecture.

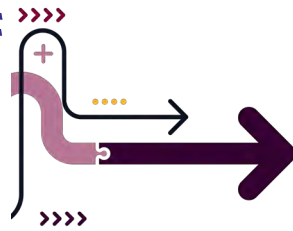
Facilitated by online technologies (Slido) provided by the Faculty of Applied Science, all attendees at the hybrid event were able to participate in the Q&A, as their text-form questions appeared on screen.

Please enjoy the recording of the spirited discussion by clicking or scanning the symposium QR code on the opposite page.

**Dr. Naz Havaei**, RN, PhD, Assistant Professor and MSHRBC Scholar | **Dr. Meaghan Thumath**, RN, PhD, Regional Director of Communicable Disease Control, Office of the Chief Medical Health Officer, Vancouver Coastal Health; Clinical Assistant Professor | **Dr. Leah Lambert**, RN, PhD, Executive Director & Senior Scientist of Nursing and Allied Health Research and Knowledge Translation, BC Cancer; Clinical Assistant Professor | **Dr. Leigh Chapman**, RN, PhD, Chief Nursing Officer, Health Canada



# Just Be Yourself Cross-Canada Launch



The Healthcare Ethics & Equity Team (HEET) comprises academics, postdocs, students, staff, healthcare providers and community members who are dedicated to community-engaged research, knowledge translation and education to address ethical issues and promote health equity.

This fall, with funding from the Canadian Institutes of Health Research (CIHR), **Dr. Drew Clark**, founder of HEET, launched **Just Be Yourself**, a suite of health information resources for transgender, Two-Spirit and nonbinary (TTNB) youth in Canada consisting of a website, a health and wellness guide, a community report, and a series of quick reference infosheets in English and French.

Through this participatory action research project, the HEET team worked with TTNB youth across the country to identify their health information needs and research priorities. A youth advisory team guided the project, which included focus groups and a survey for youth aged 14-25. Project resources have been shared with hundreds of youth organizations across the country.

Within these resources, TTNB youth will find information about social transition and affirmation, navigating social spaces, gender-affirming healthcare, finding healthcare providers, healthcare coverage and costs, rights, advocacy and allyship.

One info sheet entitled “Tips for Allies” offers helpful ways for allies to support TTNB youth in accessing healthcare, education and employment, like understanding Human Rights in Canada; creating safer and more TTNB-inclusive schools, workplaces, and healthcare spaces; and, if a youth needs help to access healthcare, advocates can start by asking how they can help.

The Catalyst Community Report, wellness guide, and infosheets are written in plain language with bold graphics. See pullout below for an excerpt detailing the research techniques that formed the basis of the project.



Right: An array of infosheets that are available on the Just Be Yourself Project page at the HEET website, along with other materials.



## PARTICIPATORY ACTION RESEARCH (EXCERPTED FROM JUST BE YOURSELF MATERIALS)

Participatory Action Research (PAR) approach guided this project. PAR involves researchers and community members working together to better understand and address an issue. Awareness of social and political contexts is important in PAR, and the values of community members shape the research process and guide the action strategies to create meaningful change.

We began this project with the hope of better understanding and addressing health information needs of TTNB youth. Youth and researchers worked together to design and carry out the research activities. Throughout the process we were aware of the social and political environments in which TTNB youth are seeking care, including political efforts to restrict access to gender-affirming care. Based on the data collected, youth recommended taking action through creating resources to directly address health information needs of TTNB youth.



# NETNEP 2024

## UBC Nursing's Scholarship of Teaching in Singapore

Over 700 nurse educators from around the world descended on Singapore this past October for the International Nurse Education Conference NETNEP 2024, including several from the School of Nursing at UBC-V. This year's theme was "From disruption to innovation in nursing and midwifery: Celebrating and driving outcomes through education."

**Ashley Scott** presented his poster *Revolutionizing Online Clinical Education: Enhancing Advanced Remote Clinical Assessment Skills through a Blended-Learning, Flipped Classroom Approach*. This poster detailed some of his work at the University of Huddersfield, where he developed an innovative "Advanced Remote Clinical Assessment Skills" course, blending a flipped classroom approach with gamified learning and online simulated practice. Designed to address challenges brought on by the COVID-19 pandemic, early feedback highlighted the course's success in fostering high engagement and satisfaction, and it has become mandatory training at a number of large NHS ambulance trusts in the UK.

**Ranjit Kaur Dhari** gave an oral presentation entitled *Teaching and learning about anti-racism/anti-oppression: Building capacity through professional development* on behalf of the authors of this study: Ranjit, **Jill Mahy**, **Natalie Chambers**, **Nassim Adhami**, **Julie Tipping** and **Sabrina Wong**. This work centres on training modules developed for Nursing Practice Educators who mentor students during their practicum.

**Dr. Lydia Wytenbroek** employs history as a means of learning about nursing, using storytelling from the past as a way to a better informed future. Partnering with Ranjit, who stepped in for **Debbie Mann**, Lydia presented *Developing cultural humility in undergraduate nursing students using history*.

**Sabrina Gill** and Ranjit gave a "Rapid 5" presentation on barriers to promotion and career success for nurses of colour with *Make Space for a Black, Indigenous, People of Colour Executive Leadership Seat: Open the door*, on behalf of co-authors: Ranjit Sabrina, **Deljit Bains**, **Adrian Juric**, **Heather McKay-Maddox**, and **Balbir Gurm**.

Alum **Balbir Gurm** and Ranjit demonstrated that telling stories of personal experience can be used in the classroom to teach about racism and the importance of creating inclusive spaces. They co-authored and co-presented *Unveiling systemic racism: narrative of courage and advocacy in education*, featuring the video *Unseen: Ranjit's Story* (by filmmaker **Adrian Juric**). In addition, they shared student feedback from the highly successful nursing elective open to all students on campus "NURS 180: Stress and Strategies to Promote Wellbeing."

**Dr. Suzanne Campbell** and first author of the study **Arleigh Bell** experienced issues that unfortunately kept them from attending NETNEP to present their poster, *Developing communication skills of pre-licensure interprofessionals*. Ranjit, who is named among the authors of this poster, once again stepped in on their behalf. Other authors include **Kymerley Bontinen**, **Lee-Ann Stephen**, **Barbara Lee**, **Yujin Lim**, **Ana Erhardt**, and **Thayanthi Tharmaratnam**.



L to R: Faculty members **Dr. Lydia Wytenbroek** and **Ranjit Dhari** stand with professor emeriti **Dr. Suzanne Campbell's** research poster; alum **Balbir Gurm** presents with Ranjit at the podium; **Sabrina Gill**, adjunct professor, poses with the NETNEP 2024 Welcome sign, and **Ashley Scott** shows off the Singapore airport.



# “Insights and Innovations”

## with Deputy Minister of Health Stephen Brown - Event Recap

On October 23rd, UBC School of Nursing graduate students had the unique opportunity to attend a virtual session titled “Insights and Innovations,” featuring Deputy Minister Stephen Brown. Facilitated by the MHLP team and hosted by Justin Bull, Academic Director of the MEL and MHLP programs, the event was a fantastic platform for students to gain firsthand insight into leadership, policy-making, and innovation within BC’s healthcare system.

MHLP coordinator, Associate Professor of Teaching **Ashley Scott**, recognized the immense value this event could offer a broader range of students and extended the invitation to include PhD, MSN, and MN-NP students from the School of Nursing. This brought together 33 engaged attendees, eager to hear from one of the most influential voices in the BC healthcare arena.

During the session, Deputy Minister Brown provided an in-depth overview of the current landscape of the health services in BC, covering key areas such as structure, logistics, and the innovations

that are driving positive changes across the system. Students had the chance to ask direct questions, sparking meaningful discussions on crucial topics such as healthcare recruitment and retention, the interface between primary and secondary care, the role of politics in shaping health services, and priority areas for future improvements and innovations.

The highlight for many attendees was learning about how School of Nursing graduate students could actively contribute to the Ministry of Health’s initiatives, aligning their academic pursuits with real-world healthcare transformation.

Overall, the event was a resounding success, providing invaluable insights and fostering dialogue on the future of healthcare in BC.

SUBMITTED BY A. SCOTT

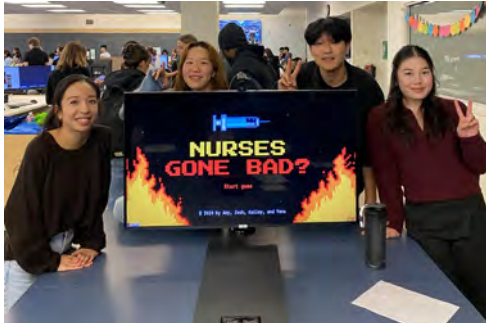




# Student UnEssay Presentations

## A Showcase of Group Projects

For the second year, students in NURS 300: Theoretical and Professional Foundations for Nursing Practice led by **Dr. Lydia Wytenbroek**, participated in an **UnEssay Exhibition** where they showcased group projects that creatively engaged with the course content. What follows is a spotlight on some of the projects.



### Nurses Gone Bad

This project aims to educate future nurses on the significance of the BCCNM Professional Standards using real-life scenarios to display the consequences of violations and highlight the importance of following ethical and professional nursing practice. The group created an interactive escape room called "Nurses Gone Bad" which provides an opportunity for students to exercise their knowledge of the standards and competencies of nursing practice. You can access the game here:

Nurses Gone Bad



### From the Present to 1918: The Travel Nurse

This group created a comic of a nurse who travelled back in time to the 1918 flu pandemic. They created a comic book based on their research that demonstrates infection control practices and nursing care during this epidemic.



### The Role of Nurses in Pandemics: A Comparative Analysis of COVID-19 and the Spanish Flu

This group created two time capsules to compare the challenges that nurses faced during these two pandemics, a century apart. Each time capsule included photos, newspaper articles, public health messaging, and fictionalized letters written by nurses based on the group's research. The group found that nurses during both pandemics faced heavy patient loads, emotional strain, illness, and burnout as they worked to meet the health needs of patients who required expert nursing care.



### Unmasking Imposter Syndrome in the Experience of Nursing Students

This project explored how nursing students of diverse ethnic, gender, LGBTQ2A+, neurodiverse and age experiences navigate their position as student nurses. Each student created a mask which represents the challenges they face of being seen and unseen, of confronting gendered norms in nursing, and of navigating a new professional identity.



# KUDOS

These represent a sample of the many awards and other accolades received by faculty, emeriti and adjuncts since July 2024. For more, please visit our "News" and "Our People" webpages at nursing.ubc.ca.



**Dr. Helen Brown** | Promoted to full Professor



**Dr. Drew Clark** | Michael Smith Health Research BC Scholar



**Dr. Rubee Dev** | Michael Smith Health Research BC Scholar



**Carla Ferriera** | Elizabeth Kenny McCann Teaching Scholarship Award



**Dr. Trevor Goodyear** | PhD Graduate and Assistant Professor



**Dr. Kristen Haase** | Promoted to Associate Professor



**Dr. Jillian Harding** | PhD Graduate and Assistant Professor of Teaching



**Dr. Farinaz Havaei** | Promoted to Associate Professor



**Dr. Emily Jenkins** | Fellow, Canadian Association of Nurses



**Dr. Leah Lambert** | Michael Smith Health Research BC Scholar



**Dr. Pam Ratner** | Dean's Medal of Distinction



**Dr. Scott Ramsay** | Michael Smith Health Research BC Health Professional Impact Scholar



# Untelling Nursing History

## Centering the Voices of IBPOC Nurses



Left to Right: **Cates Bayabay**, **Kyra Philbert**, **Shams M. F. Al-Anzi**, **Dr. Lydia Wytenbroek**, **Sabrina Gill**, **Mohadeseh Saki**, **Yayan Ye**, **Delacey Tate**, **Ranjit Dhari**, and **Natalie Chambers**.

On September 26, 2024, a team of nursing history researchers led by **Dr. Lydia Wytenbroek** launched a “digital mural project.” *Untelling Nursing History: Centering the Voices of IBPOC Nurses* consists of ten embedded videos that showcase the histories of Indigenous, Black, and People of Colour (IBPOC) Nurses. More than 40 people from within and outside the UBC School of Nursing community have contributed their voices and time to this project.

This interactive digital experience allows you to explore a series of videos about nursing history from an anti-racist, anti-colonial feminist perspective. This project was created by a group of students and faculty at UBC School of Nursing (Vancouver) over a two year period. Funded by the UBC Nursing Anti-Racism Committee (ARC), this work shares decolonizing and inclusive representations of the history of nursing. Scan or click below to begin your experience.



### PRINCIPAL & CO-INVESTIGATORS

Dr. Lydia Wytenbroek

Kyra Philbert

Shams M.F. Al-Anzi

Cates Bayabay

Ismália De Sousa

Atussa Shabahang

Kerry Marshall



# Pause for A.R.T. and Justice

From May 21 to June 2, 2024, A.R.T. and Justice held an exhibition entitled “Pause, a Showcase of Presence” at The Gallery at Queen’s Park.

A.R.T. (Action Reciprocity & Transformation) & Justice is a partnership between researchers at the UBC School of Nursing, the Correctional Service of Canada (CSC), and a network of Indigenous Elders, Peer Experts with lived experience of incarceration, and community activists and artists passionate about prison justice.

Their mandate is to support the holistic mental health, well being and dignity of people in prison through arts-based, Indigenous-guided community building.

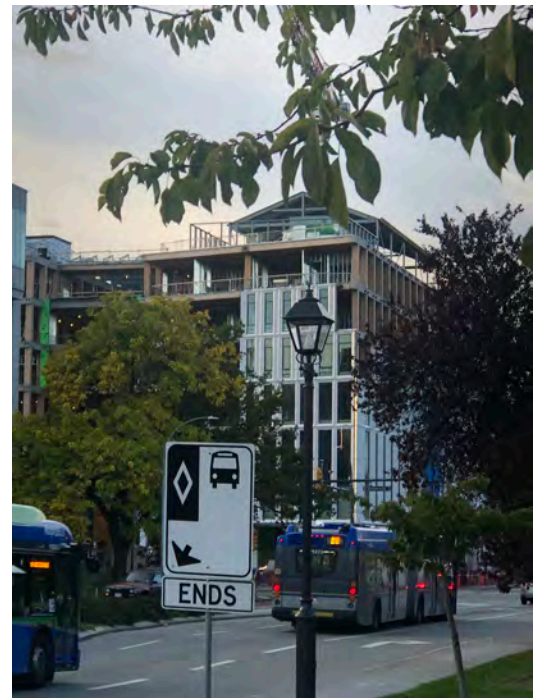
They aim to explore ways to improve and sustain the positive impacts of art and creative writing for incarcerated people, remain responsive to artist and storyteller needs throughout and following the pandemic, and collaboratively imagine additional ways to harness the power of storytelling for social change.



The names of the artists cannot be publicly shared.



# Gateway Health Building Update



Major developments over the last few months have included the following:

- The envelope panel installation has commenced and is targeted for completion at the end of December 2024.
- Steel stud framing has been completed for all levels except for the exterior walls which will be done after the cladding has been applied.
- The mechanical and electrical rough-in is ongoing on all the Nursing floors.
- Glazing framing and install has commenced on-site.
- The UBC Audio-Visual (AV) team continues to work with users around the final provision for the project, and orders for AV equipment have been placed.
- The faculty space allocation plan has been completed based upon current projections, and will be updated with ongoing faculty and researcher changes as required.
- School of Nursing Admin Support has met with the moving Coordinator and planning for the move has commenced.
- The final owner-supplied and contractor-installed items for the new lab spaces are being reviewed for purchase (e.g., stretcher bed units and simulated OR hardware for the new high-fidelity lab space).

The current move-in date is set as October 2025.





THE UNIVERSITY OF BRITISH COLUMBIA

**Faculty of Applied Science**

School of Nursing

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## AWARD NOMINATIONS

We are now accepting nominations for the 2025 Nursing Alumni Recognition and Preceptor Awards.

These awards recognize exceptional individuals who have made a sustained and meaningful contribution to nursing at a local or regional level in the following categories: Recent Alumni Award, Award of Distinction, Alumni Recognition, and Preceptor Awards.

Do you know deserving alumni who should be recognized? If so, **We want to hear from you!**

Awards & Recognition



# Save the Date

## 2025 Nursing Gala

May 8, 2025

Robert H. Lee  
Alumni Centre

